

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sphamandla  
Mkhathshwa**

Has successfully participated & completed the  
**48km SA Run 4 Cancer Ultra Marathon 2019**  
held at Polokwane Rugby Fields.

**TIME 05:15:36**

**PACE 06:33/km**

**GENDER 187 of  
366**

**OVERALL 208 of 421**

**SENIOR (20-  
39) 111 of 182**



26 October 2019, Sat

Date

*BoutTime*

Signature

